

### **Our Father**

Our Father, Who art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

### **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen

### **The Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and seated at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen

### **The Angelus**

The Angel of the Lord declared unto Mary: And she conceived by the Holy Spirit. Hail Mary.... Behold the handmaid of the Lord: Be it done unto me according to Thy word. Hail Mary . . . And the Word was made Flesh: And dwelt among us. Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

*Let us pray:*

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

### **An Act of Contrition**

O my God, because you are so good, I am very sorry that I have sinned against you, and by the help of your grace I will not sin again.

### **The Memorare**

Remember, O most loving Virgin Mary, that it is a thing unheard of, that anyone who ever had recourse to thy protection, implored thy help, or sought thine intercession was left forsaken. Filled therefore with confidence, I fly to thee, O Mother, Virgin of virgins. To thee I come, before thee I stand, a sorrowful sinner. Despise not my poor words, O Mother of the Word of God, but graciously hear and grant my prayer. Amen

### **The Magnificat**

My soul glorifies the Lord, my spirit rejoices in God my Saviour. He looks on his servant in her lowliness. Henceforth all ages will call me blessed: The Almighty works marvels for me, Holy is his Name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones, and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons forever. Glory be to the Father...

### **Prayer to Your Guardian Angel**

Angel of God, my guardian dear, To whom God's love, commits me here, Ever this day, be at my side, To light and guard, Rule and guide.

### **Hail Holy Queen**

Hail, Holy Queen, mother of mercy, hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God: That we may be made worthy of the promises of Christ.

Let us pray:

O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech thee, that by meditating upon these Mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen

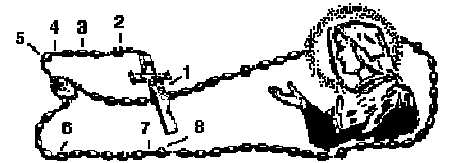
### **Eternal Rest**

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

### **The Holy Rosary**

1. Say the "Apostles' Creed."
2. Say the "Our Father."
3. Say three "Hail Marys."
4. Say the "Glory be to the Father."
5. Announce the First Mystery; then say the "Our Father."
6. Say ten "Hail Marys," while meditating on the Mystery.
7. Say the "Glory be to the Father."
8. Announce the Second Mystery; then say the "Our Father." Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.



There are twenty mysteries reflected upon in the Rosary, and these are divided into:

### **The Joyful Mysteries**

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

### **The Sorrowful Mysteries**

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

### **The Glorious Mysteries**

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

### **The Luminous Mysteries**

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the Eucharist

### **Chaplet of Divine Mercy**

You can use the Rosary Beads in the following manner:

Pray: Our Father

Pray: Hail Mary

Pray: Apostles Creed

On the single bead before each decade: Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On the ten beads of each decade: For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Conclude by repeating three times: God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.